



# THE FIVE PILLARS OF THE CADET PROGRAM

## THE CADET OATH

*"I pledge that I will serve faithfully in the Civil Air Patrol Cadet Program and that I will attend meetings regularly, participate actively in unit activities, obey my officers, wear my uniform properly, and advance my education and training rapidly to prepare myself to be of service to my community, state and nation."*

### LEADERSHIP



The Cadet Leadership program is based on studies in the Cadet Leadership text, **Learn to Lead**. Cadets are tested on each chapter of the text to advance to the next level in the Cadet Program. As cadets assume more leadership responsibility, they can apply the leadership lessons learned in the text to practical circumstances in the day to day operation of the unit.

### AEROSPACE EDUCATION



Cadets study **Aerospace: Dimensions**, the cadet aerospace text, and are tested on each of the six modules through the first phases of the cadet program. Later, as cadet officers, they mentor newer cadets in the basic aerospace materials and are tested on the **Aerospace: The Journey of Flight** textbook.

### PHYSICAL FITNESS



The **Active Cadet Fitness Program** leads cadets thru **academics** and **activities** to provide a positive **attitude** toward fitness leading to **assessment** and **awards** for fitness. The assessment is based on the Presidential Youth Fitness Program "Fitnessgram", a 4-event test. Cadets are tested quarterly and must be in the "Healthy Fitness Zone" for their age to advance.

(Cadets with temporary or permanent physical disabilities may obtain a waiver for some or all the ACFP assessment portion based on doctor-supplied documentation)

### CHARACTER DEVELOPMENT



The Cadet Character Development program is designed to allow cadets to examine their own **standards, ethics and values** in the framework of monthly guided discussions, overseen by the unit Character Development Officer or Chaplain.

### ACTIVITIES



Cadets participate in a variety of activities at the local, state, regional and national level. Cadets must participate in Civil Air Patrol unit activities outside of unit meetings as part of the requirements to progress in the Cadet Program.